MERCHISTON SURGERY - FREE NHS HEALTH CHECKS

Patients who do not have a pre-exiting medical condition that is subject to an annual review are eligible for a free National Health Service (NHS) Health Check every five years. The NHS health check is offered to people aged between 40 and 74 and the aim is to find out your risk of developing heart disease, stroke, kidney disease or diabetes.

The Practice invites eligible patients throughout the year, or you can contact Reception on 01793 823307 who will be able to confirm if you are eligible and book an NHS Health Check if you so wish.

Following the health check you will receive free advice, based on your results, with ideas about what you can do to stay healthy. If we find any warning signs, then we can share ideas that will help you prevent the onset of these conditions.

The enclosed leaflet has more information about your NHS Health Check and how it could benefit you.

Please call to arrange an appointment at a time to suit you. You may have your Health Check here, (Monday to Friday), subject to availability, or via one the providers listed below. Please telephone the location of your choice to book your appointment directly with them. If you have made an appointment recently no further action is required.

The health check will take between 20 and 30 minutes and is based on straightforward questions and measurements such as your age, sex, family history, height, weight and blood pressure. There will also be a simple blood test to measure your cholesterol level.

For Dates and Times to Book an Appointment Please Call the Pharmacy Direct			
Location	**Pharmacy**	**Address**	**Phone Number & Opening Times**
West Swindon	Sparcells Pharmacy	Midwinter Close Swindon SN5 8LY	8.30am – 6.30pm **01793 877760**
Town Centre	Epicare Health Pharmacy	123 Commercial Rd Swindon SN1 5PL	9.00am – 5.30pm (Mon to Fri) 9.00am – 1.00pm (Sat) **01793 535041**

Please note that the Pharmacy clinics are subject to change.

NHS Health Check Leaflet