

MERCHISTON SURGERY

FREE NHS HEALTH CHECKS

Merchiston Surgery offers free NHS Health Checks to people aged between 40 and 74 once every five years. The aim is to find out your risk of developing heart disease, stroke, kidney disease or diabetes.

Following the health check you will receive **free advice, based on your results**, with ideas about what you can do to stay healthy. If we find any warning signs, then we can give you ideas that will help you prevent the onset of these conditions.

Invitations are sent to patients via text or letter to book an appointment, which are available daily Mon to Fri. You may have your Health Check at the Surgery, subject to availability, or at any of the providers listed below. Please telephone the location of your choice to book your appointment directly with them.

The health check will take between 20 and 30 minutes and is based on straightforward questions and measurements such as your age, sex, family history, height, weight and blood pressure. There will also be a simple blood test to measure your cholesterol level.

NHS Health Check Providers in Swindon

Swindon Borough Council Locations				
Location	Address	Phone Number	Availability	To book an appointment, please call the library directly
Link Centre Library	Whitehill Way, Swindon SN5 7DL	01793 465555	One Friday Each Month	
North Swindon District Library	North Swindon District Centre (Orbital Shopping Park), Thamesdown Drive, Swindon SN25 4AN	Wednesdays Only – 12.00-5.30pm		To book an appointment, please call: 01793 465543
Swindon Central Library	Regebt Circus, Swindon SN1 1QG	Thursdays Only – Fortnightly 10.00am-1.00pm		
Carfax NHS Medical Centre	Carfax Street, Swindon SN1 1ED	Saturdays Only – Fortnightly 10.00-12.30pm		
Arts Centre	Devizes Road, Old Town, Swindon, SN1 4BJ	Every Second Thursday in the Month 2.00 – 4.00pm		
Swindon Pharmacies				
Location	Address	Phone Number	For dates and times and to book an appointment with one of the listed Pharmacies, please call them direct.	
Ashington Way – Pharmacy	Ashington Way, Swindon SN5 7TX	01793 616840		
Rowlands (Eldene) – Pharmacy	Colingsmead, Eldene, Swindon SN3 3TQ	01793 692073		
Hawthorn – Pharmacy	216 Cricklade Road, Swindon SN2 1AE	01793 522430		
Jephson (St John's) – Pharmacy	6 St John's Road, Wroughton, Swindon SN4 9ED	01793 814388		
Morrisons (Haydon Wick) – Pharmacy	Thames Avenue, Haydon Wick, Swindon SN25 3QQ	01793 705322		
Tesco (Ocotal Way) – Pharmacy	Ocotal Way, Swindon SN1 2EH	0345 677 9653		